



Course Description

23 km : 2 loops over easy rolling terrain
1 aid station (oranges, bananas, energy drink)

42 km : 4 loops over easy rolling terrain
3 aid stations (oranges, bananas, energy drink)

Start Times

Men & Women Classic	23 km & 42 km	9:25 am
Men & Women Skate	42 km	9:45 am
Men & Women Skate	23 km	10:00 am
All	10km	10:02 am
All	5km	10:03 am
All	3km	10:04 am

Schedule of Events

Friday : Registration & Bib pick-Up 9:00-5:00 p.m.
Jan . 15th

Saturday: Registration & Bib Pick-Up 7:30-8:30 a.m.
Jan 16th

Awards Ceremony

at the completion of each race

All finishers eligible for random prize drawings

Including a new pair of race skis

And other great prizes !

Fax entries to : 970-871-1278 or online www.nordicski.net

Phone entries to: 970-879-8180

Mail entries to: **Steamboat Stampede**
P.O. Box 775401
Steamboat Springs, CO 80477

25th Annual Steamboat Stampede Saturday, January 16th, 2010 23 & 42 km & 3,5,10km Skate & Classic

Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Email: _____@_____

Male or Female _____ Age (on race day) _____

Please check the race which you are entering.

Classic _____ Skate _____

3 km ___ 5 km ___ 10 km ___ 23 km ___ 42 km ___

Entry Fee: \$ 35.00 until noon on January 15th

\$ 50.00 Race Day registration

Make checks payable to SSTC

Credit cards

Please charge my: Visa ___ MC ___ Discover Card ___

Credit card # _____

Expiration date _____ Billing Zip Code _____

Signature _____

All entries must be accompanied by proper fee.

No refunds will be issued.

Must sign waver on reverse side.

www.nordicski.net

email: xcski@nordicski.net

STEAMBOAT STAMPEDE

Acknowledgement of and assumption of risk and release

know that Nordic skiing is an action sport carrying risk of serious injury, death or property damage. I also know that there are natural and environmental conditions and risks, which independently or in combination with my activities may cause property damage or severe or even fatal injuries to others or me. I agree that I am alone responsible for my safety while participating in competitive events and/or training for competitive events specifically acknowledge that the Steamboat Ski Touring Center and their officials and employees are not responsible for my safety. I specifically RELEASE and DISCHARGE in advance those parties from any and all liability whether known or unknown even though that liability may arise out of negligence or carelessness on the part of persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions and hazards that may occur whether they are known or unknown.

Being fully aware of risks, conditions and hazards of the proposed activity as a competitor, coach or official, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE any and all claims for damages for death, personal injury or property damage which I may have hereby occur to me as a result of participation in competitive events or training for competitive events against any person or entity mentioned above whether such injury or damage was foreseeable. I further agree to forever HOLD HARMLESS AND INDEMNIFY all persons and entities identified above, generally or specifically from any and all liability for death and/or personal injury or property damage resulting in any way from participating in competitive events or training for competitive events. I agree and abide by the rules and regulations of the Steamboat Ski Touring Center and other rules and regulations imposed by the organizers of any particular competition.

This acknowledgment of an assumption of Risk and Release shall be binding upon my heirs and assigns.

Date _____ Signature _____

By signing the Acknowledgement of and Assumption of Risk and Release as Parent/Guardian, I am consenting to the competitor's participation in competition in competitive skiing and training and acknowledgement that I understand that any and all risk, known and unknown, is expressly assumed by me all claims, whether known or unknown are expressly waived in advance.

Date _____ Signature _____

Signature of Parent/Guardian if competitor is under 18 years of age